



"CONSTANTIN BRÂNCUȘI" UNIVERSITY OF TÂRGU-JIU
Faculty of Medical and Behavioural Sciences
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LARISSA HANDBALL CLUB, GREECE

CONFERENCE

PROCEEDINGS

10th EDITION
SEPTEMBER, 2022
TÂRGU-JIU

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Assistant prof. **Nănescu Valentin**

SECTION I SPORT SCIENCE

1. [THE CONNECTION BETWEEN THE ASSIMILATION OF MOVEMENTS SPECIFIC TO ARTISTIC SPORTS AND MULTIPLE INTELLIGENCES IN YOUNG PEOPLE](#)

PhD. Assoc. Prof. **Camelia PLĂSTOI**

2. **THE PECULIARITIES OF FOOTBALL GAME TACTICS**

PhD. Assoc. Prof. **Iacob Daniel CHIVU**

3. **IDENTIFYING COMMUNICATION PROBLEMS IN HANDBALL GAME**

PhD. Lecturer **Bogdan CHEPEA**

4. **THE BENEFITS OF CARDIOVASCULAR FITNESS**

PhD. Lecturer **Florin NEFERU**

5. **THE IMPORTANCE OF EFFORT CAPACITY RECOVERY FOR REACHING PEAK PERFORMANCE IN SPORTS**

PhD. Lecturer **Florin NEFERU**

6. **MAINTAINING OPTIMAL HEALTH BY PRACTICING AEROBIC GYMNASTICS AS A LEISURE TIME ACTIVITY**

Gymnastics Coach, **Karina PICA**

7. **THE IMPORTANCE OF COMPLEMENTARY TRAINING FOR GROUPS OF BEGINNERS IN AEROBIC GYMNASTICS**

Gymnastics Coach, **Karina PICA**

8. **THE CORRELATION BETWEEN TECHNIQUE AND FITNESS IN BASKETBALL**

PhD. Assoc. Prof. **Georgian BADEA-MISS**

9. **MODERN DRILLS IN BASKETBALL**

PhD. Assoc. Prof. **Georgian BADEA-MISS**

10. STUDY ON THE INTENSITY OF SPECIFIC FOOTBALL POSITIONS IN U19 JUNIORS <i>PhD Teacher, Bogdan CHIRIAC</i>
11. THE AEROBIC POWER, A DETERMINING FACTOR OF MODERN FOOTBALL IN U19 JUNIORS <i>PhD Teacher, Bogdan CHIRIAC</i>
12. THE FORM OF THE HEART RATE MANIFESTATION IN SPORTS ACTIVITIES <i>PhD Assoc. Prof. Bianca FERRARIO</i> <i>PhD Assoc. Prof. Cristian SAVU</i>
13. PSYCHICAL SKILLS IN BASKETBALL <i>Basketball Coach, Alexandru GLIGA</i>
14. <u>EXPLORING THE RELATION BETWEEN MOTOR EXPERIENCE, EXECUTIVE FUNCTIONS AND ACADEMIC ACHIEVEMENT</u> <i>PhD Student Cristina d'ARANDO</i> <i>PhD Domenico MONACIS</i> <i>Full Professor Dario COLELLA</i>
15. <u>RELATIONS BETWEEN AGILITY TESTS AND MOTOR REACTION TIMES IN YOUNG SPORTSMEN</u> <i>PhD Student Nicola MANCINI</i> <i>Full Professor Dario COLELLA</i> <i>PhD Lecturer Vlad Teodor GROSU</i>
16. <u>INVESTIGATION OF THE RELATIONSHIP BETWEEN REFEREE PERFORMANCE AND EMOTION REGULATION</u> <i>PhD Assoc. Prof. Aydın KARAÇAM</i> <i>Assist. Prof. Dr. Bekir Erhan ORHAN</i> <i>PhD Assoc. Prof. Ali Selman ÖZDEMİR</i> <i>RES ASST Alpar Aser SABUNCU</i>
17. THE CHARACTERISTICS OF THE EFFORT IN THE FOOTBALL GAME <i>Teacher, Gabriel RĂSCOL</i>
18. HIGHLIGHTING THE CONDITIONAL FACTORS IN THE OFF-SEASON PHYSICAL TRAINING OF SKIERS AGED BETWEEN 12 AND 15 YEARS <i>Alpine Skiing Trainer, Adrian PICA</i>

**19. THE PHYSICAL PREPARATION OF THE BEGINNER SKIING GROUPS
THROUGH COMPLEMENTARY TRAINING**

Alpine Skiing Trainer, Adrian PICA

20. THE ROLE OF SPORT IN INCREASING SELF-IMAGE

Teacher Gabriela CĂPRARU

21. PHYSICAL EDUCATION - SPORTS PERFORMANCE - SPORTSMANSHIP

Teacher Gabriela CĂPRARU

**22. METHODOLOGICAL VIEWS REGARDING PHYSICAL EDUCATION IN
MILITARY TRAINING PROGRAMS**

PhD. Student Valentin Sorin ENĂCHESCU

**23. THE NEED OF DEDICATED COMBAT TRAINING PROGRAMS WITHIN
MILITARY EDUCATIONAL INSTITUTIONS**

PhD. Student Valentin Sorin ENĂCHESCU

**24. ASPECTS REGARDING THE PLACE AND IMPORTANCE OF THE COACH
IN FOOTBALL**

Assistant professor Eduard-Leonard GUȚĂ

**25. IMPACT OF PHYSICAL EXERCISES ON THE HARMONIOUS
DEVELOPMENT OF STUDENTS**

Teacher, Manuel COLȚESCU

**26. ASPECTS REGARDING THE IMPROVEMENT OF THE SPECIFIC
ELEMENTS OF THE HANDBALL GAME**

Teacher, Manuel COLȚESCU

SECTION II Physical Therapy and Health	
1. THE EVOLUTION OF CHILDREN MOTRICITY IN ONTOGENESE	PhD Assoc. Prof. Tiberiu TĂTARU PhD Lecturer Bogdan NICULESCU
2. RECOVERY TECHNICS IN THE CEREBRAL ISCHEMIC INFARCTE IN SPASTIC PHASE	Prof.univ.dr. Monica Delia Bîcă Asist.univ.drd. Mitroi Daniela Denisa Asist.univ.drd. Sakizlian Eduard Robert
3. <u>METHODS AND TECHNIQUES OF RECOVERY OF CAPSULO-LIGAMENTAL INJURIES OF THE KNEE</u>	Prof.univ.dr. Monica Delia Bîcă Asist.univ.drd. Mitroi Daniela Denisa Asist.univ.drd. Sakizlian Eduard Robert
4. THERAPEUTIC CURRENTS IN RESPIRATORY RECOVERY	PhD. Assoc. Prof. Tiberiu TĂTARU PhD Lecturer Bogdan NICULESCU
5. COUNTERMEASURES TO THE REEDUCATION OF WALKING IN CHILDREN WITH CEREBRAL PALSY	Assistant professor Andreea POPESCU
6. BALANCE REEDUCATION IN CHILDREN WITH INFATIL CEREBRAL PALSY	Assistant professor Andreea POPESCU
7. CONSIDERATIONS REGARDING THE CONCEPT OF SUSTAINABLE DEVELOPMENT IN THE PHARMACEUTICAL INDUSTRY	PhD Professor Daniela CÎRȚÎNĂ
8. <u>THE CONSIDERATIONS REGARDING NOISE AND INSOMNIA</u>	Assistant professor Roxana MECU
9. <u>THE CONSIDERATIONS RELATED TO HOMEOPATHY AND COVID-19</u>	Assistant professor Roxana MECU

SECTION III

E-learning and teaching innovation

1. USING E-LEARNING TOOLS FOR BUILDING INTERACTIVITY IN TEACHING ENGLISH LANGUAGE

Ph.D. Assoc. Prof. *Oana-Maria PĂSTAE*

2. INVESTIGATION INTO RECREATIONAL ACTIVITIES IN YOUTH CENTRES IN TERMS OF LEISURE LITERACY

PhD Assoc. Prof. *Ali Selman ÖZDEMİR*

Assist. Prof. Dr. *Bekir Erhan ORHAN*

PhD Assoc. Prof. *Aydın KARAÇAM*

Mohammad ALHENNAWI

3. CONTRIBUTIONS TO THE IMPROVEMENT OF THE DECISION-MAKING PROCESS IN THE FIELD OF SPORT

PhD Lecturer *Virgil-Ion POPOVICI*

4. ASPECTS REGARDING THE MANAGEMENT OF UNIVERSITY SPORTS CLUBS

PhD Lecturer *Virgil-Ion POPOVICI*

5. VOLUNTEERING - THE SCHOOL AS A FAMILY

Master Student *Anișoara DINU*

6. LEARN TO MEDITATE IN SCHOOL

Teacher, *Claudia JANKO*

7. INNOVATIVE TOOLS THAT DRIVE PERFORMANCE WITHIN THE SPORTS HIGH SCHOOLS

Teacher, *Claudia PETRONIU*

8. SOCIALIZATION DURING THE PANDEMIC

Research Assistant *Luiza DRAGOMIR*

9. MORAL DEVELOPMENT OF PRESCHOOLERS BY USING INNOVATIVE EDUCATIONAL TOOLS

Research Assistant *Luiza DRAGOMIR*