

Field name	Description
University	“Constantin Brâncuși” University of Târgu-Jiu
Faculty	Faculty of Medical and Behavioural Sciences
Department	Health and Motricity
Position in the list	4
Job title	Professor
Disciplines in the Curriculum	Theory and practice in winter sports, Theory and practice in water sports, Body aesthetics-Fitness, Swimming and hydro-kinesiotherapy, Practical applications water sports disciplines (training camps).
Scientific field	Physical education and sports
The description of the vacant position	<p>The opportunity of the competition for this job lies in the perspective of re-evaluating the BA and MA programmes in the next period for obtaining the re-accreditation.</p> <p>All the disciplines in the structure of the job are in the curriculum of the BA and MA programmes of study within the faculty.</p> <p>Taking into account the ARACIS standards concerning the ratio number of students/ teaching staff, as well as the ratio of the tenured teaching staff in the institution within the positions chart, the position of university professor, position 4 is necessary.</p> <p>Moreover, the competition for this position is necessary for the development of a sustainable human resources policy oriented toward consolidating the research activities as a fundamental element of the teaching process.</p> <p>In addition, the disciplines in the structure of the above-mentioned position are fundamental disciplines for the training in the career of the future graduates of BA and MA programmes. This is another reason for the teaching activities and practice activities be exercised by a university tenured professor with a high qualification didactically and with a rich scientific research activity.</p>
Duties	<p>According to the law of education no. 1/2011, art.287, paragraph 1, the teaching quota consists of proper teaching quota and research quota. The teaching quota comprises (the disciplines in the position):</p> <p>Theory and practice in winter sports – 2 hours (course) – teaching activities;</p> <p>Theory and practice in water sports – 2 hours (course) teaching activities;</p> <p>Body aesthetics - Fitness- 1 hour (course) teaching activities + 1 hour practical applications;</p> <p>Swimming and hydro kinesiotherapy - 1 hour (course) teaching activities;</p> <p>Practical applications water sports disciplines (training camps) - 3 hours practical applications.</p> <p>Evaluation activities: 2 hours.</p> <p>Students consultancy: 2 hours.</p> <p>Dissertation guides: 3,5 hours.</p>

	Research activities - according to the Education Law no. 1/2011 and the job description, which will be annexed to the employment contract.
Wages	9289 lei
Publication date in the Official Journal	Official Journal, Part III, no. 456 / 3 May 2019
Start and end of application	3 May 2019 - 19 June 2019
Date, day and time of lecture	5 July 2019, Friday hour 14.00
Lecture place	Faculty of Medical and Behavioural Sciences Tineretului Street, no. 4, Târgu-Jiu, Gorj
Date of competition including lecture and courses	5 July 2019
Date of results announcement	9 July 2019
Start and end of appeal	10 July – 16 July 2019
Topics for the competition	<p>In the case of the candidates in the higher education system, the commission will assess the compliance with the minimum compulsory standards for the tenure of the associate professor position according to the OMEN no. 6129/20.12.2016 and with the Methodology for the tenure of teaching and research positions of "Constantin Brâncuși" University of Târgu-Jiu.</p> <p>As for the candidates coming from outside the higher education system, they have to deliver a public lecture, with the following topics:</p> <p>Discipline: The theory and practice of winter sports Topics:</p> <ol style="list-style-type: none"> 1. Winter sports – evolutionary landmarks. 2. Concepts regarding the teaching methodology of winter sports. 3. Organizing the training process in winter sports. Particularities about how to teach and assimilate information specific to different winter sports. 4. The main factors which favour learning the basic elements specific to different winter sports. 5. The quality of the material and of equipment. Selection and maintenance. 6. The biomechanical concepts manifested in skis behaviour on the snow (maintaining the balance in gliding, exchange of muscles, transferring the weights on support edges). 7. Variants of movement on the skis. Turning with the skis. Turning around - technical manoeuvre, mistakes in execution. Stem Christie – technical manoeuvre, mistakes in execution, methods. 8. Snowboarding – evolution, equipment, methods of instruction. 9. Cross-country skiing, characteristics, methods of instruction. 10. Biathlon – characteristics, specific equipment, competition regulation. 11. Skating – evolution, characteristics, challenges. 12. Ski-jumping – characteristics, equipment, competitions.

13. Bob, sleighing – characteristics, equipment, competitions.

14. Recreational skiing. Practice of recreational skiing. Evolution of recreational skiing.

References

1. Balint, L., Grosz, W.R., Gaspar, P. - *ABC-ul în schi sărituri: Teoria și metodică instruirii de bază*. Brașov, Editura Universității Transilvania, 2009

2. Cârstocea, V., - *Schi alpin - Manual metodic pentru pregătirea copiilor și juniorilor*, București, 1998

3. Cârstocea, V., Stroe, S., Pelin, F., Kacso, L., *Schi - teorie și metodică*, Ed. Printech, București, 2001

4. Dragnea, A., - *Antrenament sportiv*, Ed. Didactică și pedagogică, București, 1996

5. Epuran, M., Holdevici, I., - *Psihologia sportului*, Ed. FEST, București, 2003

6. Grosz, W.R. - *Noțiuni fundamentale pentru pregătirea fizică și tehnică în sărituri cu schiurile*, Brașov, Editura Universității Transilvania, 2014

7. Pelin, F. - *Schi fond*, Ed. Printech, București, 2001

8. Pelin, F. - *Învățarea tehnicii libere la schi fond. Pregătirea competițională.*, Ed. Printech, București, 2001

9. Pelin, F., Stroe, S., Runcan, C., - *Tehnica și metodică predării schiului*, Ed. Printech, București, 2001

10. Pelin, F., - *Tehnica și metodică disciplinelor montane*, UNEFS, București, 2009

11. <http://frschibiatlon.ro/>

12. <http://www.frponline.ro/>

Discipline: Theory and practice of water sports

Topics:

1. History of swimming. Branches of swimming. Swimming competitions. Officials of swimming competitions. The Olympic pool for swimming, regulations of swimming. Sports competitions.

2. The technical elements of swimming procedures. Types of swimming procedures.

3. The breaststroke procedure – the position of the body in the water, instruction methods, exercises, mistakes in execution, methods.

4. The crawl procedure – position of the body in the water, instruction methods, exercises, mistakes in execution, methods.

5. Backstroke – the position of the body in the water, instruction methods, mistakes in execution, methods.

6. Butterfly stroke – the position of the body in the water, instruction methods, execution, mistakes in execution, methods.

7. Synchronised swimming (artistic swimming) – evolution, refereeing, instruction methods, exercises, execution mistakes, methods.

8. Water jumping – regulation and the challenges for the competition, refereeing, instruction methods, methods.

9. Water polo – characteristics, regulation, competitions, instruction methods, exercises, methods.

10. Nautical sports – rowing, kayak, canoeing – specific features, equipment, regulations, specific challenges.

References

1. Cirlă, L., Grecu, A. – *Ramurile natației*, Ed. Bren, București, 2003

2. Barbara Kalbus – *Polo*, Ed. INCS, Bucuresti, 2006

3. Enoiu, R. – *Vâslit aplicativ, noțiuni de bază*, Ed. Universitatea „Transilvania”, Brașov, 2004

4. Marinescu, Gh., Bălan, V. - *MDS–Natație și Nautice*, Ed. ANEFS, București, 2008

5. Marinescu, Gh., Frățilă, C., Bălan, V. – *Polo pe apă*, Ed. Bren, București, 2004

6. Marinescu, Gh. – *Natație – efort și antrenament*, Ed. Bren, București, 2003

7. Mureșan, E., Paraschiv, I.C. – *Înotul utilitar-aplicativ și tehnici de vâslit*, Ed. Fundției România de Măine, București, 2001

8. Terry O Neill, Eith Atkinson, - *Ghid de antrenament pentru canotaj în sală*, Ed. INCS, Bucuresti, 2006

9. Vasile Luciela - *Teoria si practica în sporturi de apă*, Editura Bren București, 2013

10. Vasile Luciela - *Înot - metodica antrenamentului pe ramură de sport*, Editura Moroșan, București, 2009

11. <http://www.swimming.ro/>

12. <http://frnpm.ro/regulamente>

13. <http://www.fina.org/>

Discipline: Body aesthetics -Fitness

Topics:

1. Body aesthetics - points of view, conceptual delimitations. Types of body activities.

2. Eurythmic – points of view, applicability. Modelling the body expression with the help of the means specific to eurythmic.

3. The benefit of eurythmic for body aesthetics.

4. Means specific to aerobics of body application and eurythmic.

5. Modelling the body expression with the help of the means specific to the sports dancing.

6. Fitness – evolution, points of view, conceptual approaches. Forums and affiliations.

7. Fitness – rules of the competitions. Special apparatus.

8. Consultancy concerning utilization of the specific means used in fitness training.

9. Variant of mounts and specific positions at/on the special apparatus.

10. Training programs to maintain articular mobility and muscle elasticity.

11. Means to act upon certain groups of muscles evidenced in competitions.

12. Sets of exercises for specialized training sessions. Periodization training preparation in fitness activity.

13. Sets of exercises to maintain or decrease body weight.

14. Types of training, sets of exercises contributing to modelling the human body through fitness.

15. Factors implied in shaping and maintaining an adequate body aspect for participating in fitness competitions – methods of training and recovery.

16. Modalities for structuring the individual fitness programmes and the adequate nutrition intake.

References

1. Aducovschi Daniela - *Dans sportiv - Îndrumar de lucrări practice pentru studenții Universității din București*, 2007

2. Aducovschi Daniela - *Dans sportiv la copii*, Editura Bren, 2007

3. Bota Cornelia – *Ergofiziologie*, Editura Globus, București, 2000

4. Epuran, M.,- *Psihologia sportului de performanță*, Ed. INCS, București, 2008

5. Epuran, M. - *Metodologia cercetării activităților corporale. Exerciții fizice, Sport, Fitness.*, Bucuresti, Edit. FEST, 2005

6. Ferrario, Bianca - *Gimnastica aerobică pe înțelesul tuturor*, Editura SemnE, București, 2004

7. Hidi, I. - *Fitness: bazele antrenamentului*, Editura Bren, București, 2008

8. Miclea, M.,- *Psihologie cognitivă*, Cluj-Napoca, Editura Gloria S.R.L., 1994

9. Sabău Elena - *Fitness la copii*, Editura Arvined, București, 2002

10. Stoenescu, Gineta - *Expresie corporală și dans. București, Universitatea Ecologică.*

11. Teleman Petra, Dragoș O. – *Dirijarea medicală în sport (Masaj)*, CNFPA, București

12. <https://www.frcf.ro/>

13. <https://www.fitness.com/>

Discipline: swimming and hydro-kinesiotherapy

Topics:

1. Therapeutic swimming – emergence, evolution and points of view.

2. Benefits on health of practicing swimming and its place in recovery.

3. Hydro-kinesiotherapy: definitions, concepts, applicability, benefits and risks.

4. Hydro-kinesiotherapy – a complex means of recovery. Categories of factors manifesting in the hydric environment.

5. The effects of the water properties – physical, mechanic, chemical – un human organism and their utility in the Hydro-kinesiotherapy.

6. Hydro-kinesiotherapy: method of recovery in the disorders of the human body.

7. Methodology of application of the Hydro-kinesiotherapy means. Exercises specific to the Hydro-kinesiotherapy recovery programmes.

References

1. Cirlă Luciela - *Înotul - mijloc asociat al kinetoterapiei*, Editura Caritas, București, 1997.

2. Cordun, M. – *Kinantropometrie*, Ed. CD Press, București, 2009

3. Radu, I., D., Ulici, Gh.,- *Evaluarea și educarea psihomotricității copiilor cu dificultăți psihomotoriide integrare*, București, Editura Fundației Humanitas, 2003

4. Marcu, V., Dan, M. - *Kinetoterapie/Physiotherapy*, Editura Universitatii Oradea, 2006

5. Manole, V., Manole, L – *Evaluare motrică și funcțională în kinetoterapie*, Ed. Prim, Iași, 2009

6. Sbenge, T. – *Bazele teoretice și practice ale kinetoterapiei*, Ed. Medicală, București, 1999

7. Vasile Luciela - *Înot pentru sănătate*, Editura Didactică și Pedagogică, București, 2007

8. Vasile Luciela - *Recuperare și reeducare prin mijloace acvatice*, Editura Didactică și Pedagogică, 2010

9. Vasile Luciela - *Înot terapeutic*, Editura Bren, 2013

10. Verza, E., Verza, F.,- *Repere psihogenetice și psihodinamice în cunoașterea și evaluarea copilului*, Editura Pro Humanitate, București, 2000

Discipline: Practical applications of the water sports (in training camps)

Topics:

1. Get habituated in the water. Learning floating on water and the aquatic breathing.

2. Breaststroke technique – learning the arms and legs movements, synchronization and the specific breathing. Learning turning and start for the breaststroke technique.

3. Crawl technique - learning the arms and legs movements, synchronization and the specific breathing. Learning turning and start for the crawl technique.

4. Backstroke technique - learning the arms and legs movements, synchronization and the specific breathing. Learning turning and start for the backstroke technique.

	<p>5. Butterfly technique - learning the arms and legs movements, synchronization and the specific breathing. Learning turning and start for the butterfly technique.</p> <p>6. Drowning rescue. Diving and turning under water.</p> <p>7. Enforcement of the technical elements specific to each procedure by completion short, medium and long distances with varied executions for the arms and legs executed separately and synchronized for each technique.</p> <p>8. Demonstrating each swimming procedure. Achieving the ability to explain and demonstrate the movements specific to each swimming technique.</p> <p>References</p> <ol style="list-style-type: none"> 1. Cirlă Luciela - <i>Înot - aptitudinile psihomotrice și pregătirea tehnică</i>, Editura Printech, București, 1999 2. Kari Georgeta – <i>Înot/Curs în tehnologie IFR</i>, Ed. Fundației România de Măine, 2012 3. Marinescu, Gh. – <i>Copiii și performanța în înot</i>, Ed. Institutul Național de Informare și Documentare, București, 1998 4. Marinescu, Gh. – <i>Natație – efort și antrenament</i>, Ed. Bren, București, 2003 5. Marinescu, Gh., Șalgău, S. - <i>Adaptarea efortului și programarea la înotători</i>, Ed. Tehnopress, Iași, 2005 6. Vasile Luciela - <i>Teoria și practica în sporturi de apă</i>, Editura Bren București, 2013 7. Vasile Luciela - <i>Înot - metodică antrenamentului pe ramură de sport</i>, Editura Moroșan, București, 2009 8. http://www.swimming.ro/ 9. http://frnpm.ro/regulamente/nataie 10. http://www.fina.org/
Description of competition procedure	The framework methodology of the competition for the tenure of a teaching position and in the higher education approved by Government decision No. 457 of 04.05.2011, the Law of National Education no. 1/2011, and Methodology for the tenure of teaching positions and research of the "Constantin Brâncuși" University of Târgu-Jiu.
List of documents	<p>Regarding the registration for the competition for holding a teaching tenure in the higher education the candidate should create track record containing the following documents:</p> <p>A1. The application form, signed by the candidate along with a statement on his own responsibility regarding veracity of the information in the file</p> <p>A2. Proposal of university career development of the candidate both from teaching and scientific research points of view; the proposal shall be drawn up by the applicant and shall include up to 10 pages and it is one of the main criterion to differentiate the candidates.</p> <p>A3. Curriculum vitae of the applicant both hard copy and electronic format which should include information on:</p> <ol style="list-style-type: none"> a) attended studies, and earned diplomas b) information on the professional experience and relevant work places; c) projects of research and development which he has run as a director of project and earned grants, in the case there are

such projects or grants, by specifying for each the source of funding, the amount of financing and the main publications or patents results;

d) awards or other items for the recognition of the applicant's scientific contributions.

A4. List of scientific papers of the candidate in print format (signed on every page). The complete list of works of the candidate should include:

a) the list of maximum 10 papers considered to be most relevant for their professional achievements, which are included in electronic format in the file and which can be found in other types of papers referred to in complete list of works by the candidate;

b) thesis or doctoral theses; patents and other intellectual and industrial property rights;

c) patents and other industrial titles of properties

d) books and chapters in books;

e) papers / studies published in journals of the main international scientific flux;

f) papers in extenso in the proceedings of the main international specialized conferences;

g) other papers and scientific contributions or, where appropriate, of artistic creation.

It is highly recommended providing all the useful information for identifying the respective publication as follows: the title of the journal (ISSN included), impact for the previous year, volume, page, name and place of the Publishing House, hyperlink of the indexed ISI paper, hyperlink of the BDI indexed paper, indicating the respective Data Bases etc.

This information is necessary for the papers selected by the candidate at point (a) and those claiming that the candidate meet the minimum standards UCB as well as national, specific to the position competed.

A5. Statement of meeting the minimum standards mentioned in the Order of Ministry 6129/20.12.2019 for occupying the position of professor filled in printed form (original) and signed by the candidate on each page.

A6. Documents related to the Doctor's Degree (certified copy of doctoral diploma and if the original doctoral diploma is not recognized in Romania, the certificate of its recognition or equivalent, in authenticated copy or the copy of Ministerial Order confirming the award of Doctor's Degree).

A7a. The summary of doctoral thesis in Romanian language (maximum one page for each language).

A7b. The summary of doctoral thesis in a foreign language (maximum one page for each language).

A8a. Copy of the Baccalaureate diploma.

A8b. Copy of the BA diploma.

A8c. Copy of the MA diploma.

A8d. Copies of other diplomas.

A9a. Copy of the transcript of record of the BA studies.

A9b. Copy of the diploma supplement of the MA studies.

A10. Copy of ID.

	<p>A11. Copies of the birth and marriage certificates.</p> <p>A12. Personal statement of the applicants that they are not in any circumstances of incompatibility laid down in Law 1/2011, the Law of National Education and the Framework Methodology issued at national level.</p> <p>A13. Medical certificate attesting that the candidate is able to carry out educational activity.</p> <p>A14. The reviewers list with contact details of their (for professor position): at least 3 personalities in the same subject, from abroad, who agreed to write letters of recommendation regarding the candidate's professional qualities.</p> <p>A15. The proof of the fee payment to apply for the position.</p> <p>A16. Statement of assuming full responsibility, in original (holograph), signed by the candidate (the statement must state the correctness of the data included in the file and the fact they refer to his /her own activities and achievements, otherwise the candidate facing the consequences of perjury, according to the law in force).</p> <p>A17. The portfolio including maximum 10 of the candidate's papers considered the most representative, scanned on electronic support (CD). Besides, the electronic support will include, also, the list of candidate's papers in A4, in Word format.</p> <p>The file will comprise the title page and a list. A CD / DVD will accompany the file entering the competition or any other electronic format, with the scanned content of it, the portfolio with the 10 works included, to be sent to the commission for evaluation.</p> <p>A18. The certificate attesting psycho-pedagogical study (if it is the case).</p>
Address where the competition file will be sent	"Constantin Brâncuși" University of Târgu-Jiu, Unirii Street, no. 36, Târgu Jiu, Gorj
Competition Commission	<p>Se selectează din membrii existenți sau de definește o nouă comisie.</p> <p>Comisia de concurs este formată din 5 membri, incluzând președintele acesteia, specialiști în domeniul postului scos la concurs sau în domenii apropiate.</p> <p>Componenta comisiei de concurs poate include membri supleanți.</p>
Methodology	Upload files doc, .docx or PDF. The maximum accepted size of file is 10MB.